

# THE WILLIAM STORMS ALLERGY CLINIC

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[www.stormsallergy.com](http://www.stormsallergy.com)

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[www.stormspollen.com](http://www.stormspollen.com)

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## **A RUDE AWAKENING**

Seeing shrubs and trees budding prematurely due to unseasonably warm weather is not necessarily a good sign, particularly for those who suffer from seasonal allergies. Warmer weather can trigger early pollination, leading to an unwelcome jump-start into the allergy season. When this occurs, not only does the pollen appear earlier, but warmer winter conditions cause it to be more potent than usual. This leads to premature itchiness of the eyes, sneezing, and coughing. Heavy rains or thunderstorms also serve to crush any existing pollen, making it easier for the pollen to become airborne. The resulting concentrated pollen conditions may affect even those who do not typically experience allergy or asthma symptoms.

If the early allergy season is causing breathing difficulties, call **THE WILLIAM STORMS ALLERGY CLINIC** at **719-955-6000** to evaluate your symptoms and seek treatment. Our office is conveniently located at **1625 Medical Center Point, Suite 190**. We are a full-service medical clinic providing diagnosis and treatment of nasal allergies, hay fever, asthma, chronic cough, bee allergies, sinusitis, and food allergies. It is time to seek help from a medical doctor who specializes in allergies.